

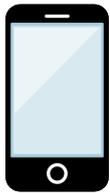
# Health Passport



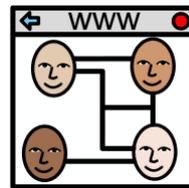
Name:



Date of Birth:



Phone:



Social Media:



Email:

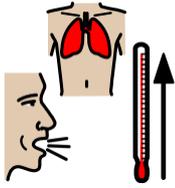


Other Contacts:



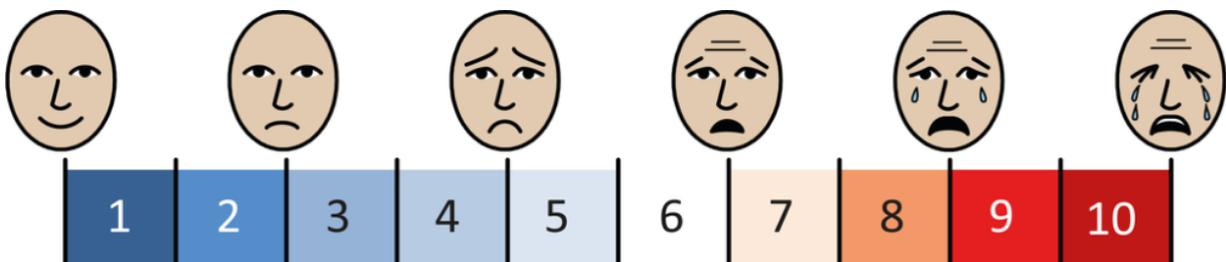
Travelled with:





# Symptoms

|                     |                  |                    |                     |
|---------------------|------------------|--------------------|---------------------|
| <p>stomach ache</p> | <p>nausea</p>    | <p>diarrhoea</p>   | <p>constipation</p> |
| <p>urine pain</p>   | <p>bleeding</p>  | <p>foot ulcer</p>  | <p>numb foot</p>    |
| <p>cough</p>        | <p>cold</p>      | <p>sore throat</p> | <p>temperature</p>  |
| <p>headache</p>     | <p>toothache</p> | <p>earache</p>     | <p>every day</p>    |
| <p>depressed</p>    | <p>restless</p>  | <p>can't sleep</p> | <p>some days</p>    |





# My Medical History

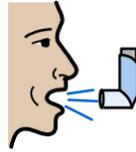
heart  
problem



diabetes



asthma



breath  
problems



kidney  
problem



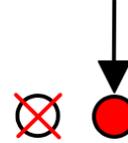
stroke



epilepsy



other



# My Medication

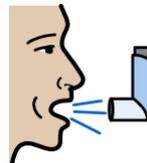
tablets



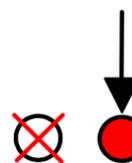
insulin

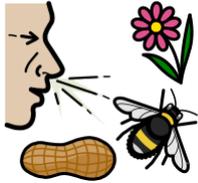


inhaler



other





# My Allergies

medicine



insect sting



pollen



gluten



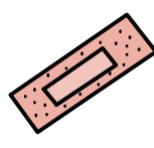
dairy food



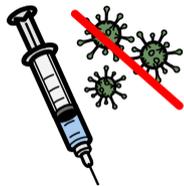
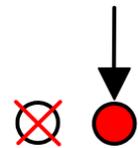
fur



plaster



other



# Covid Vaccination

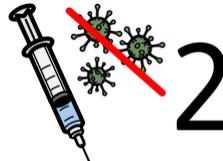
No Vaccine



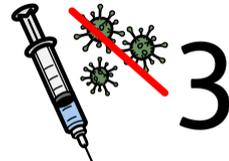
1st dose



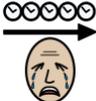
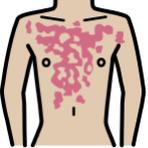
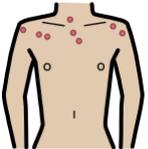
2nd Dose



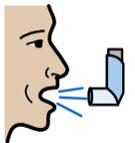
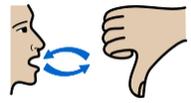
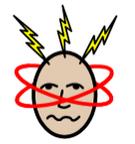
3rd Dose



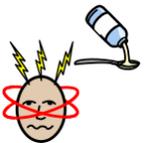
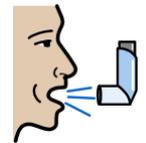
## Symptoms

|  |   |   |   |   |  |
|--|---|---|---|---|--|
| <br>stomach ache        | <br>nausea                 | <br>diarrhoea | <br>constipation         | <br>continuous<br>crying | <br>eat object        |
| <br>headache            | <br>sore throat            | <br>cough     | <br>cold                 | <br>trip                 | <br>swallow<br>poison |
| <br>temperature        | <br>toothache             | <br>earache  | <br>short of<br>breath  | <br>rash                | <br>sting            |
| <br>sleep too<br>much | <br>sleeps too<br>little | <br>sick    | <br>don't want<br>food | <br>spots              | <br>itch            |

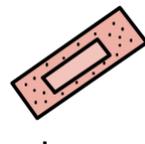
## Medical History

|  |   |  |
|--|---|--|
| <br>heart problems  | <br>asthma   | <br>breathe problems |
| <br>kidney problems | <br>epilepsy |  |

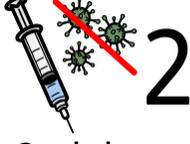
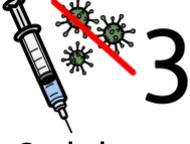
## Current medicines

|   |  |  |
|---|--|--|
| <br>for epilepsy   | <br>antibiotics     | <br>inhaler |
| <br>cough medicine | <br>for temperature |  |

## Allergies

|   |   |  |   |
|---|---|--|---|
| <br>medicine   | <br>insect sting | <br>pollen  | <br>gluten |
| <br>dairy food | <br>fur          | <br>plaster |   |

## Covid

|   |   |
|---|---|
| <br>no vaccination | <br>1st dose |
| <br>2nd dose       | <br>3rd dose |

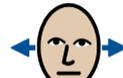
# Quick talk



I



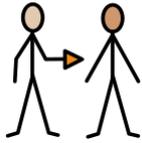
yes



no



I don't know



you



hello



want



where



look



please



like



what



stop



thank you



go



when



bad



great



come



who



sorry



more



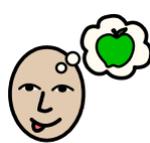
show me



help



thirsty



hungry

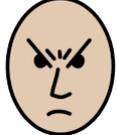
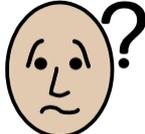
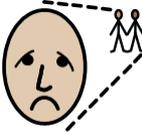
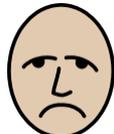


ill



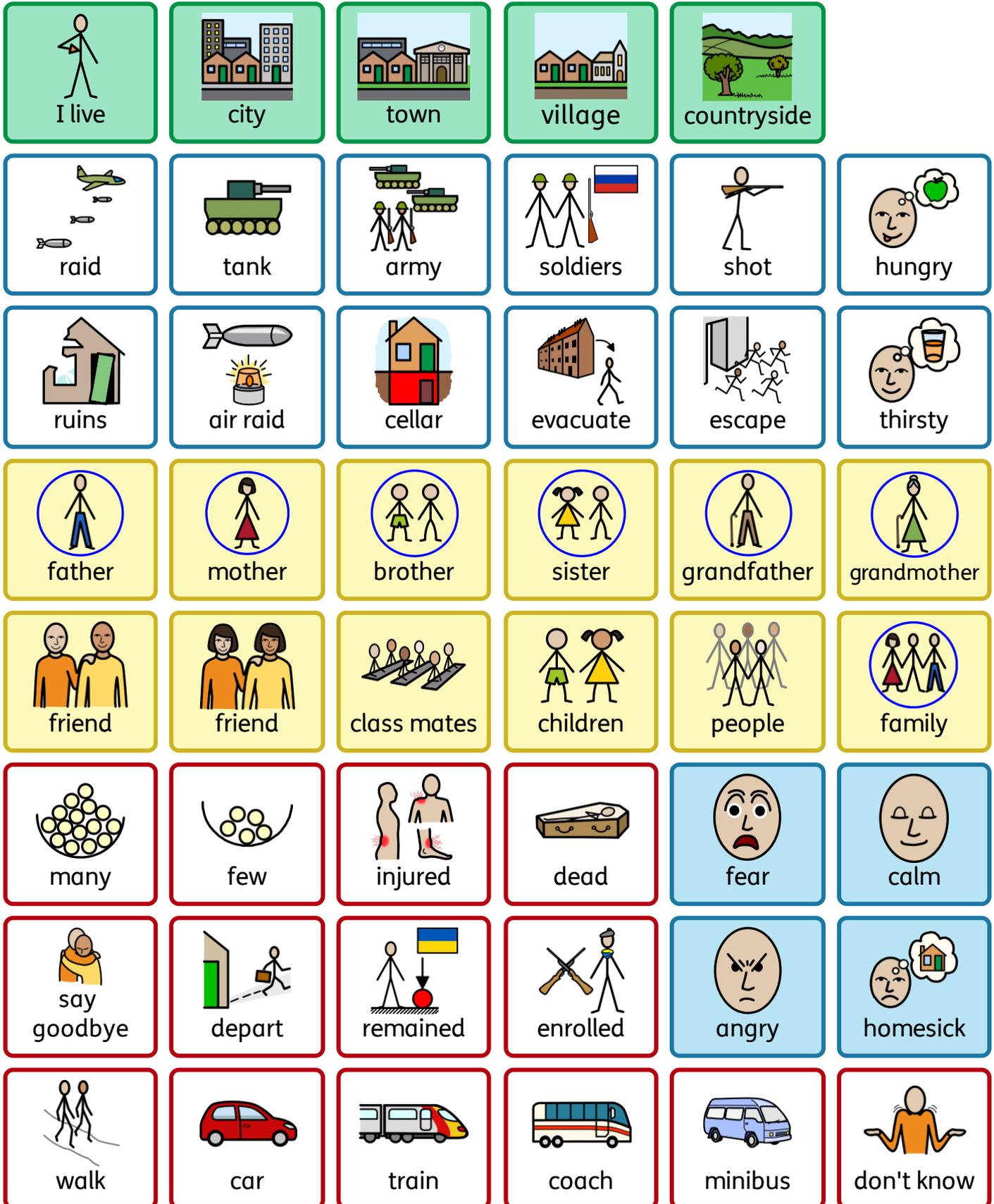
tired

# Quick talk

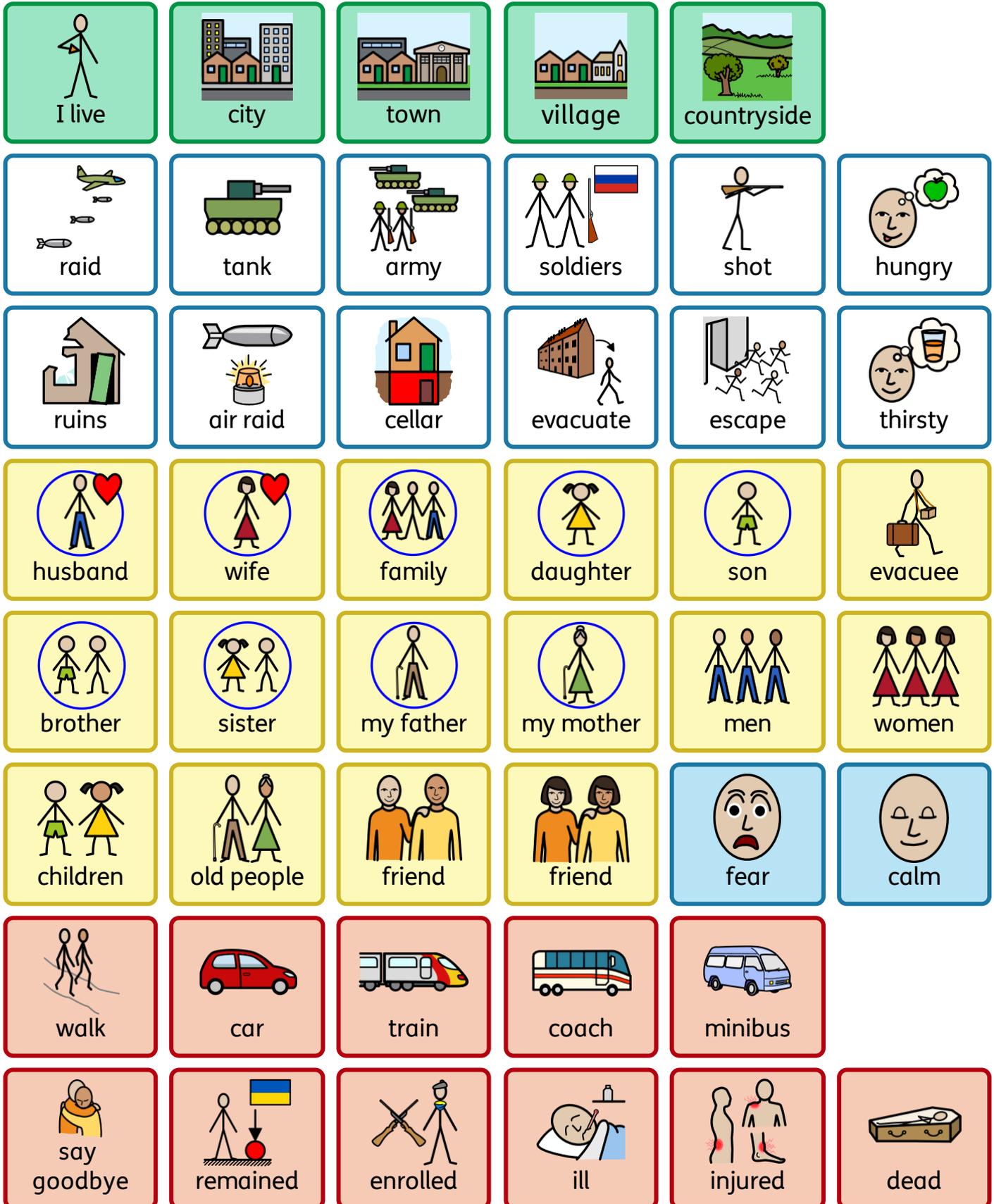
|  |   |  |  |
|--|---|--|--|
|  <p>phone charger</p> |  <p>phone credit</p> |  <p>web</p>      |  <p>money</p>       |
|  <p>feel</p>          |  <p>scared</p>       |  <p>shocked</p>  |  <p>angry</p>       |
|  <p>tired</p>         |  <p>worried</p>      |  <p>confused</p> |  <p>embarrassed</p> |
|  <p>depressed</p>   |  <p>lonely</p>     |  <p>sad</p>    |  <p>grateful</p>  |
|  <p>help</p>        |  <p>no English</p> |  <p>doctor</p> |  <p>hospital</p>  |
|  <p>dentist</p>     |  <p>no money</p>   |  <p>no job</p> |  <p>refugee</p>   |
|  <p>miss home</p>   |  <p>cold</p>       |  <p>hot</p>    |  <p>danger</p>    |

Created for the Widgit Refugee Symbol Resources

# Tell my story - Child



# Tell my story - Adult



# First days at new home Communication Board



Name



bathroom



hug



sleep



snack



draw



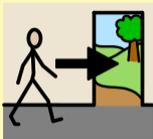
play



cook



read a book



go out



watch TV



playstation



Lego



listen to music



playground



taste good



taste bad



don't  
understand



afraid



sad



feel bad



happy



tired



cold



hot

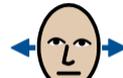
# Quick talk



I



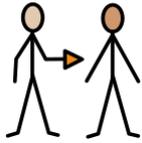
yes



no



I don't know



you



hello



want



where



look



please



like



what



stop



thank you



go



when



bad



great



come



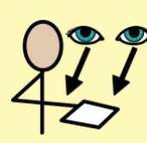
who



sorry



more



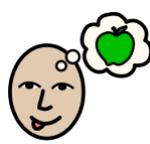
show me



help



thirsty



hungry



ill



tired

# First days at School Communication Board



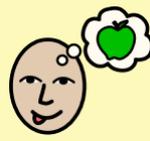
Name



toilet



thirsty



hungry



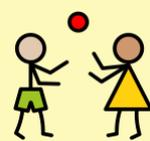
snack



draw



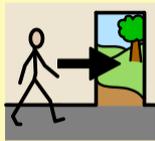
play alone



play



read a book



go out



collage



puzzle



Lego



plasticine



toy cars



doll



teddy



don't  
understand



afraid



sad



feel bad



happy



tired



cold



hot

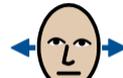
# Quick talk



I



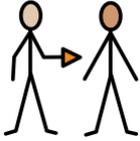
yes



no



I don't know



you



hello



want



where



look



please



like



what



stop



thank you



go



when



bad



great



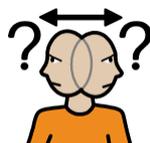
come



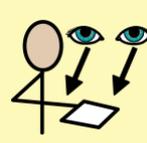
who



sorry



I am lost



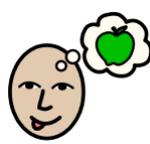
show me



help



thirsty



hungry



ill

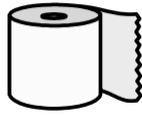


more

# I need - child



WC



toilet paper

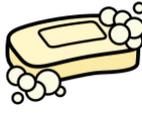


clean pad

Name: \_\_\_\_\_



Shower



soap



shampoo



towel



hairdryer



comb



hairbrush



hair clip



hair band



deodorant



toothpaste



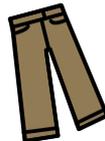
toothbrush



Clothes



underwear



trousers



t-shirt



jumper



coat



hat



gloves



scarf



trainers

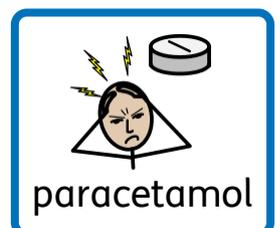
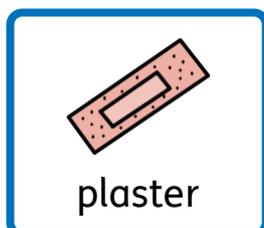
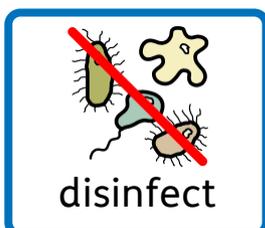
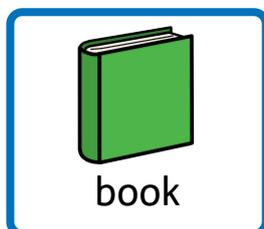
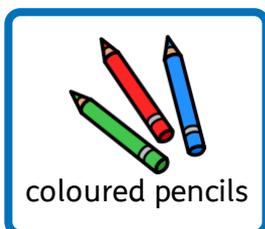
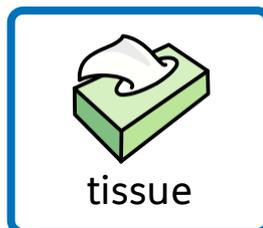
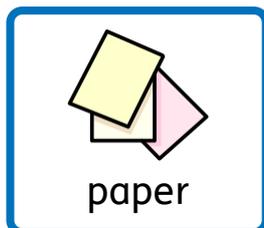
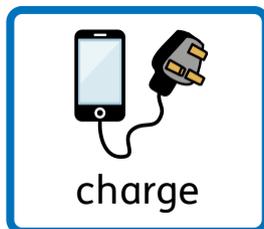
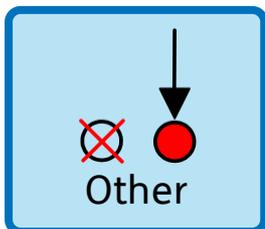
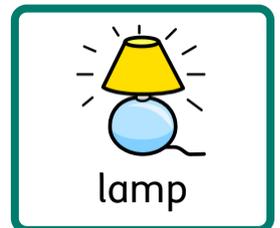


socks



pyjamas

# I need



# I need - Adult

Name: \_\_\_\_\_



WC



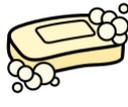
toilet paper



clean pad



Shower



soap



shampoo



towel



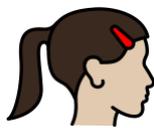
hairdryer



comb



hairbrush



hair clip



hair band



shave



clean teeth



deodorant



Clothes



for me



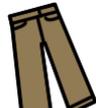
for my son



for my daughter



underwear



trousers



t shirt



jumper



coat



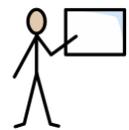
hat



gloves



scarf



trainers



socks



pyjamas



For my baby



nappies



baby wipes



cream



baby powder



babygrow



baby cup



bottle



steriliser



milk



buggy



dummy

# I need

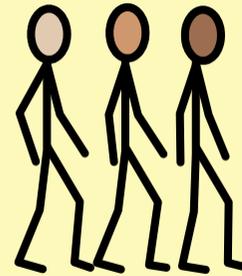




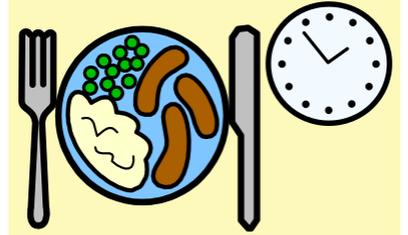
toilet



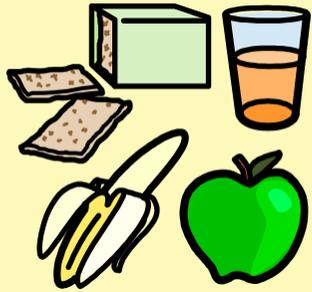
wash  
hands



line up



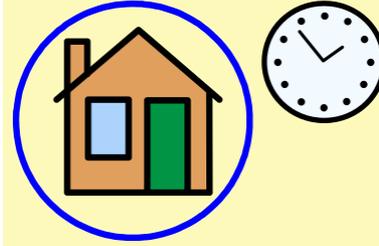
dinner  
time



snack



play time



home time



music

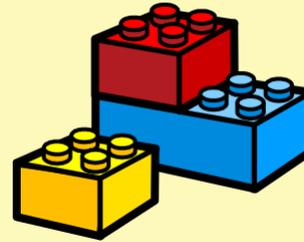




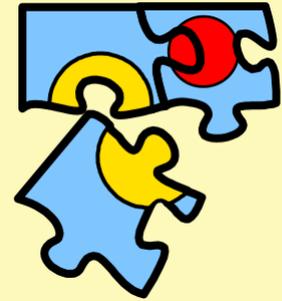
draw



read a  
book



Lego



puzzle



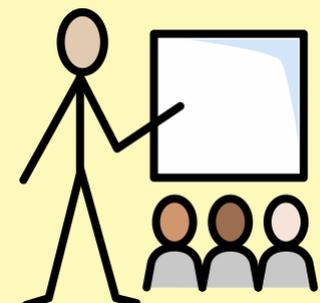
PE



circle time



playground



lessons

