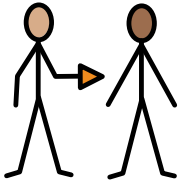




Are



you



ready

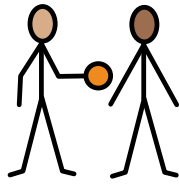
to



cook?



Take off



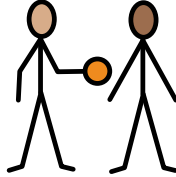
your



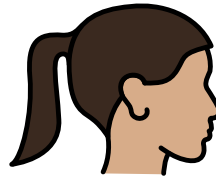
jewellery



Tie



your



hair up



Wash your hands