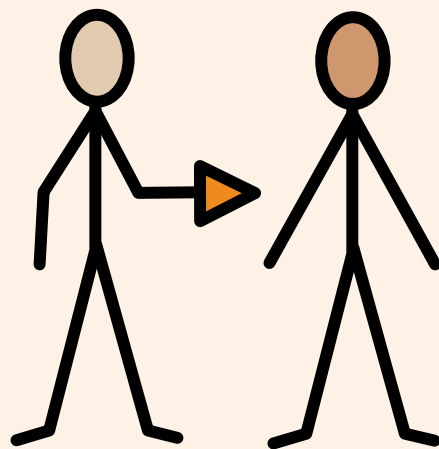


Visual Timetable

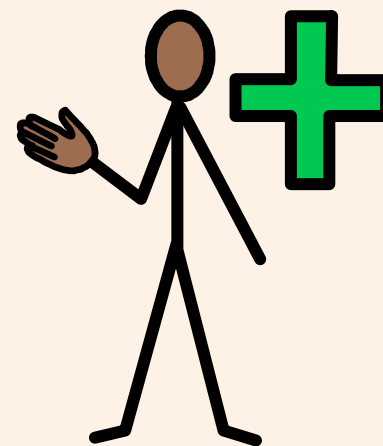
- Cut around each symbol card
- Use blue tac, velcro or pegs to display what is happening each day
- If something changes, you can remove or re-order the timetable



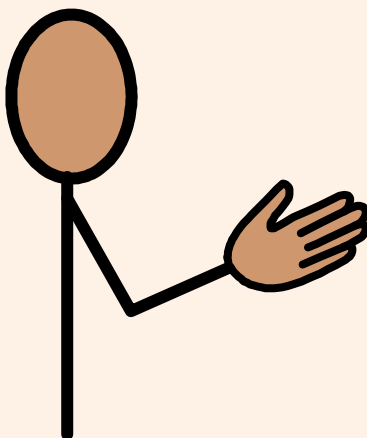
me



you



nurse



carer



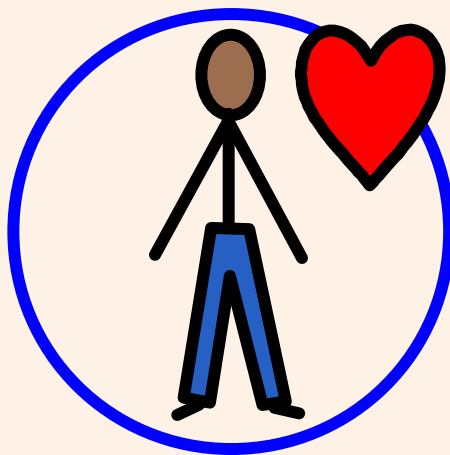
doctor



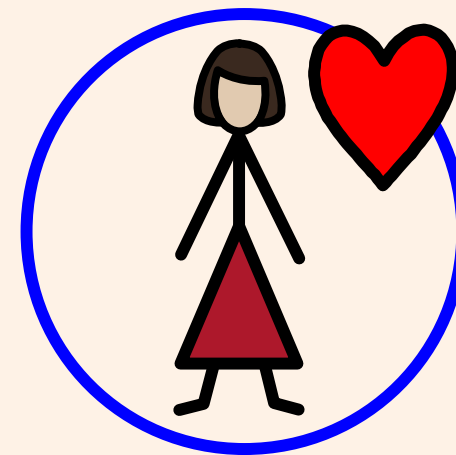
driver



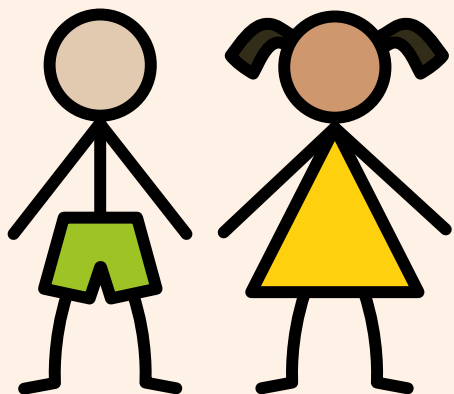
family



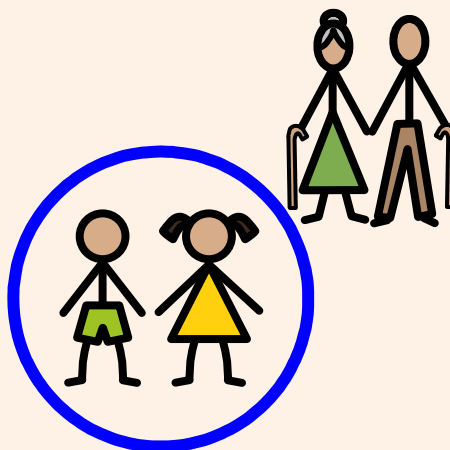
husband



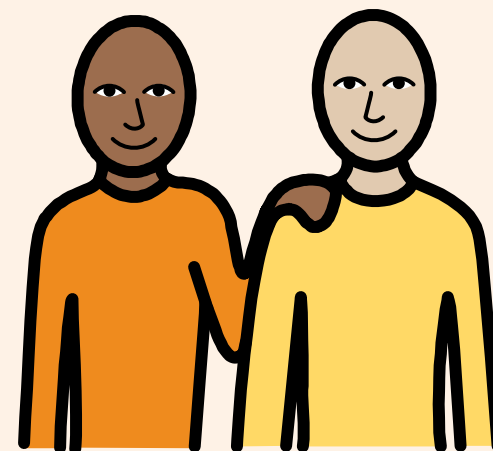
wife



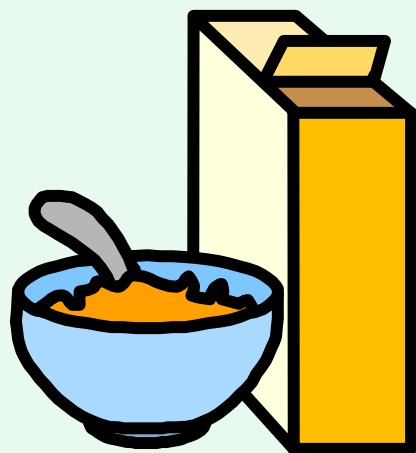
children



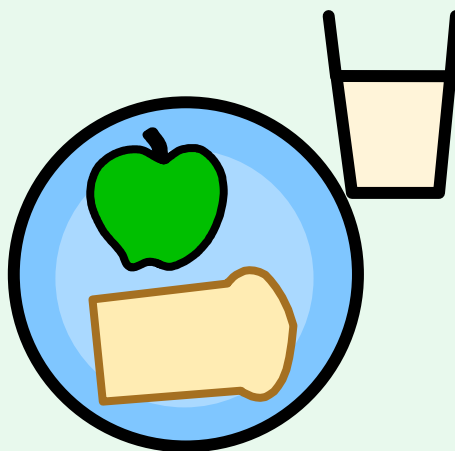
grandchildren



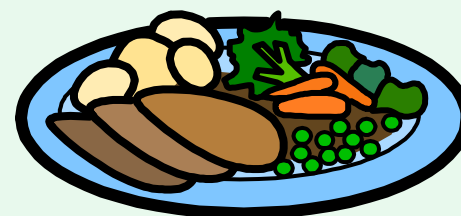
friend



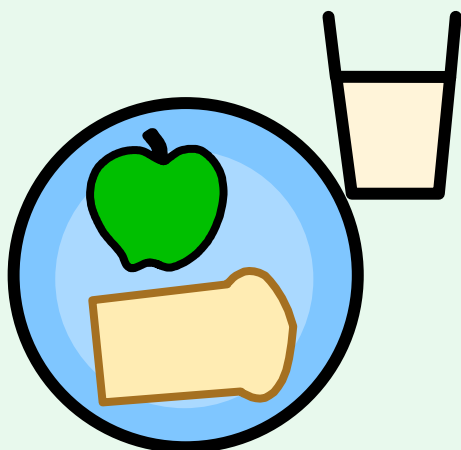
breakfast



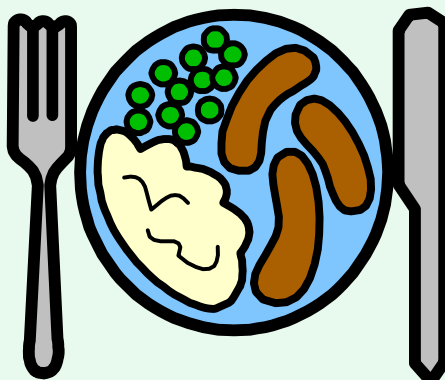
dinner



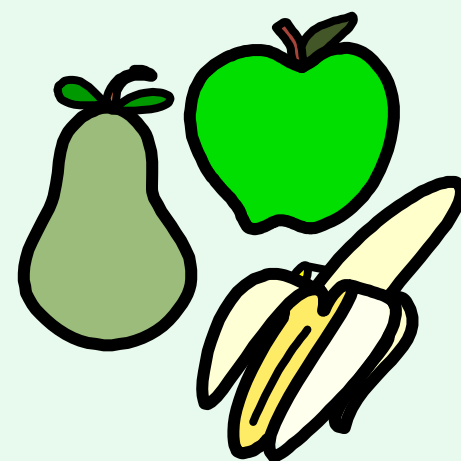
dinner



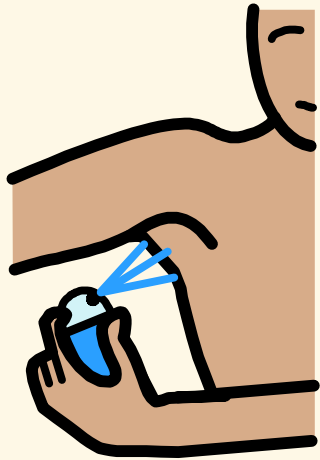
lunch



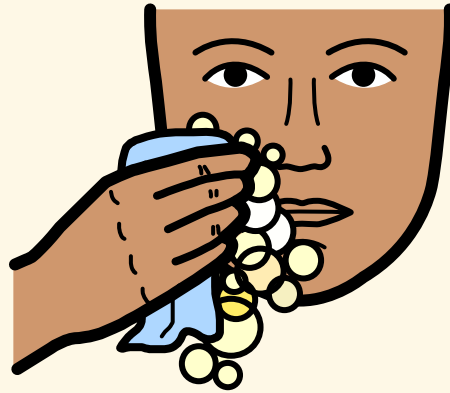
tea



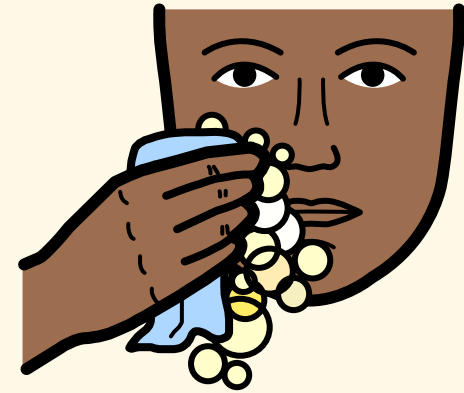
snack



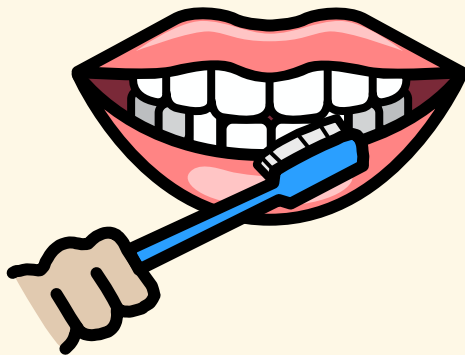
spray deodorant



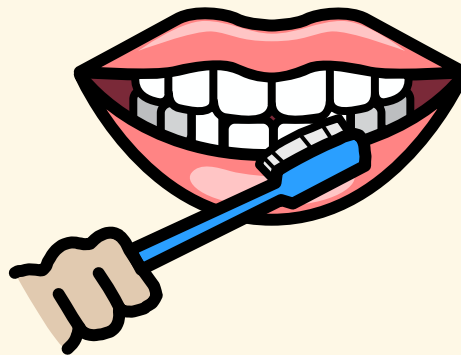
wash face



wash face



brush teeth



brush teeth



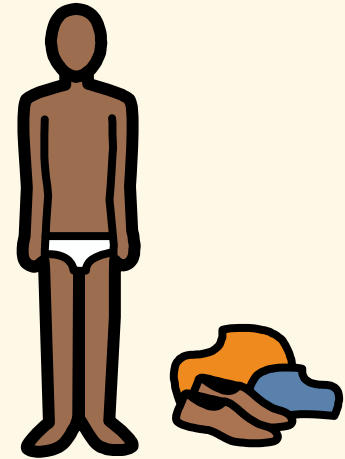
brush hair



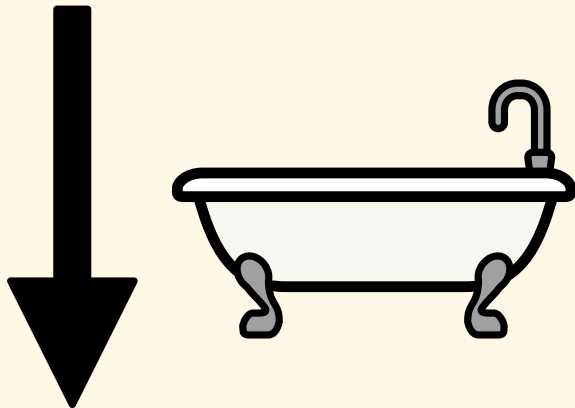
brush hair



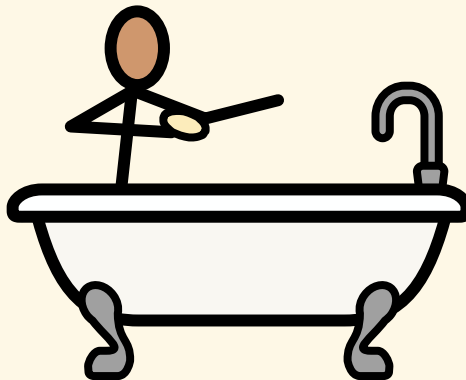
clothes on



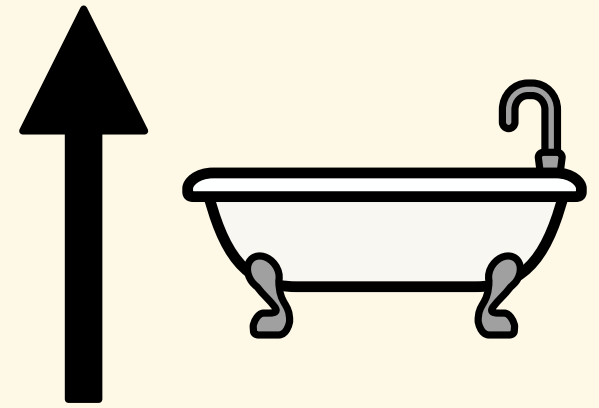
clothes off



get in bath



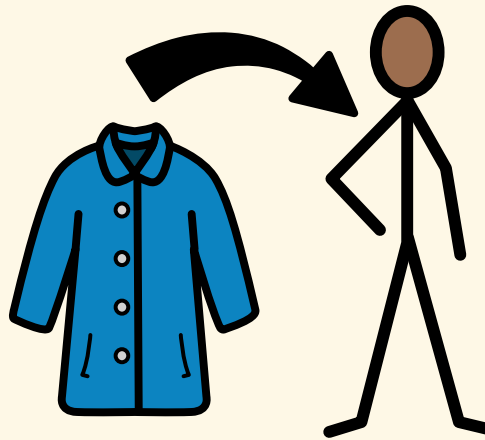
have a bath



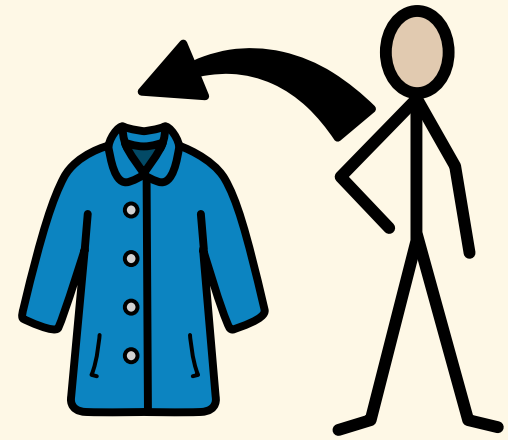
get out of bath



shoes off



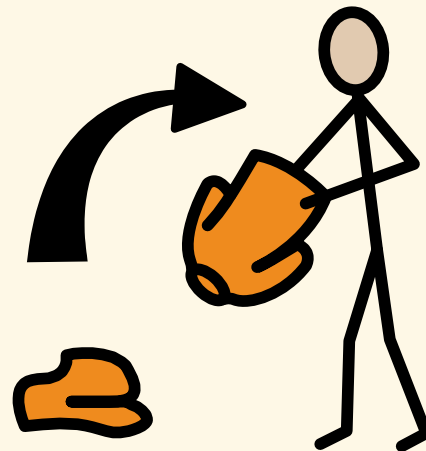
coat on



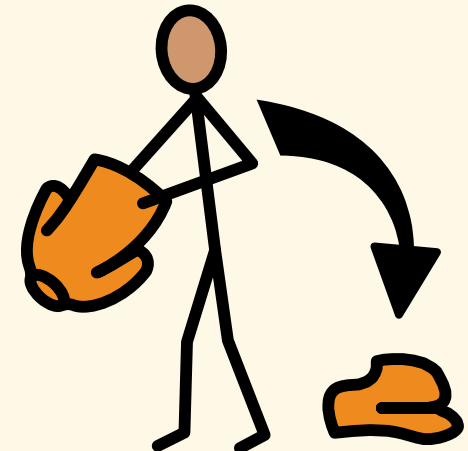
coat off



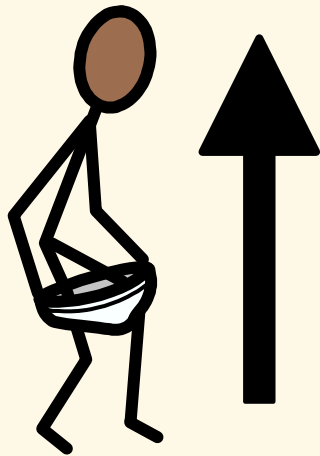
shoes on



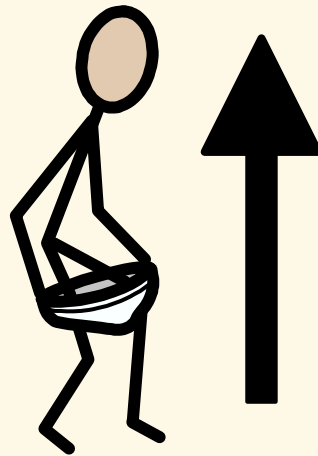
get dressed



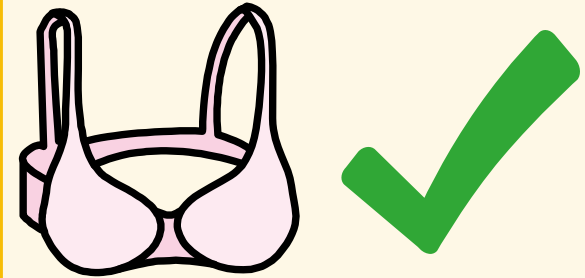
get undressed



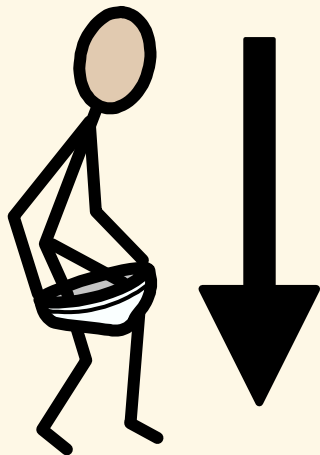
knickers on



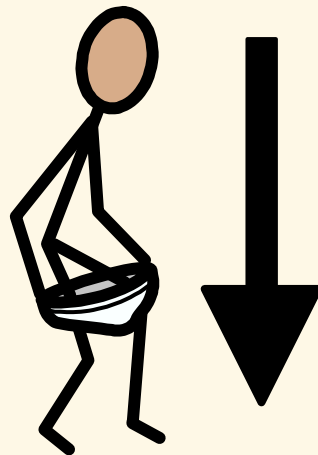
underpants on



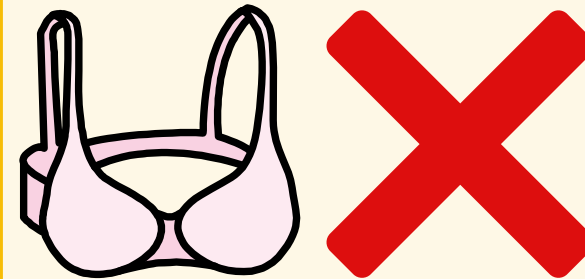
bra on



knickers off



underpants off



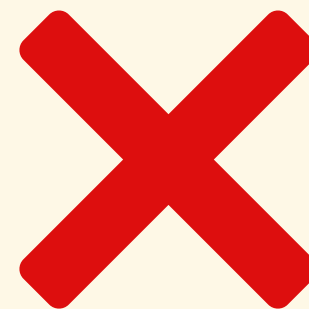
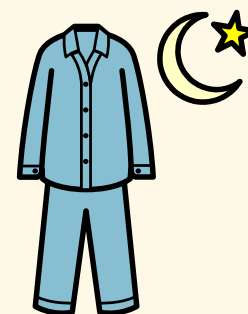
bra off



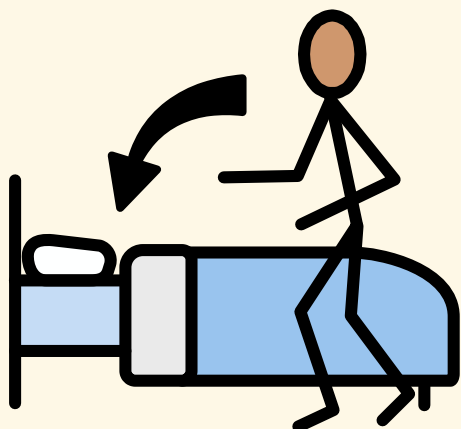
have a shower



pyjamas on



pyjamas off



go to bed

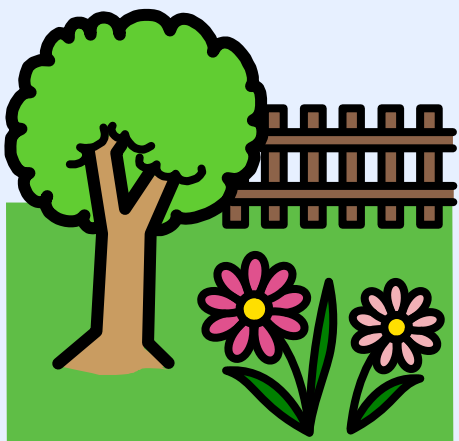


read



cuddle

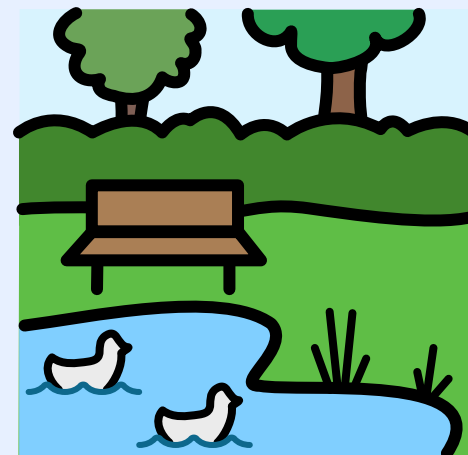




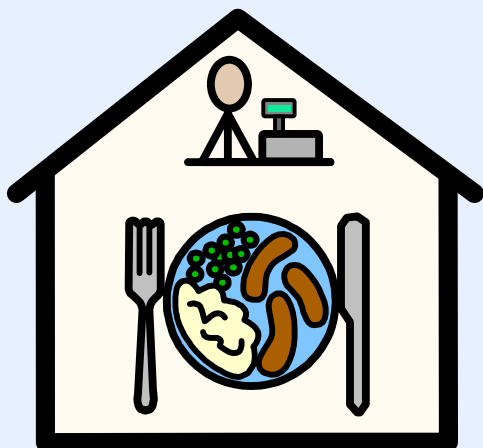
garden



shopping



park



restaurant



cafe



town