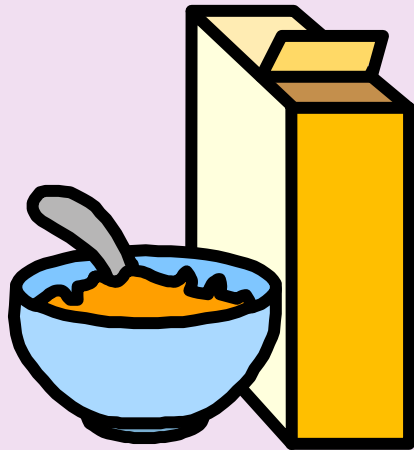
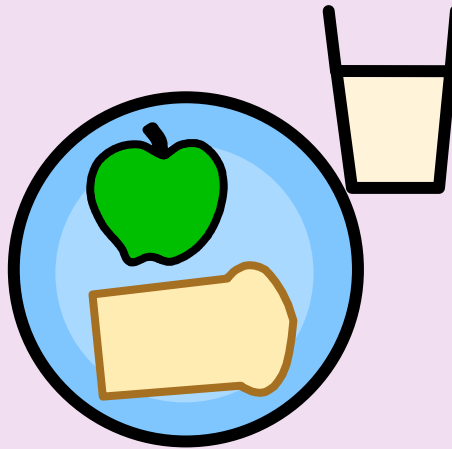


## Mealtime Symbols

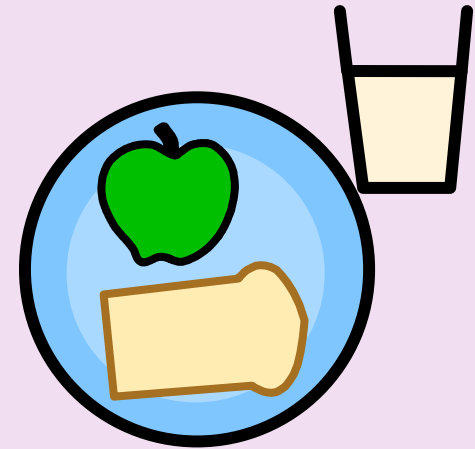
- These symbols can be printed as whole pages and used as a booklet for people to choose what they would like to eat
- They can also be printed, laminated and cut out separately to be used as a visual timetable or to give fewer choices
- Print 2 per page for smaller symbols



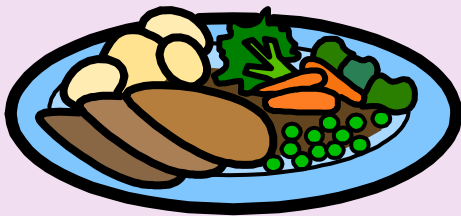
breakfast



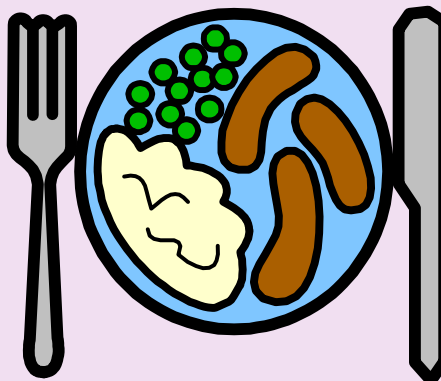
lunch



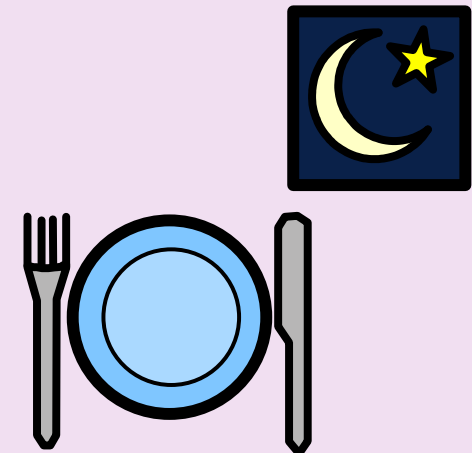
dinner



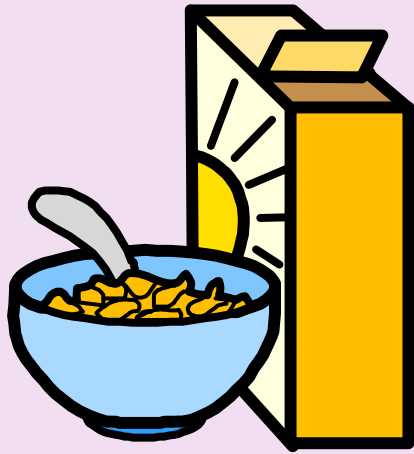
dinner



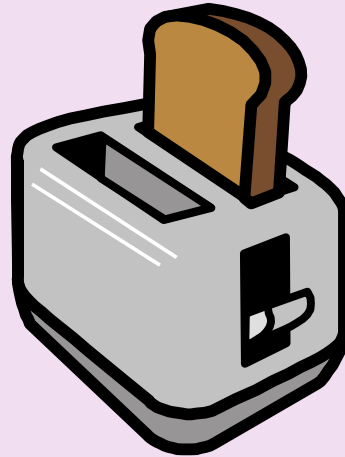
tea



supper



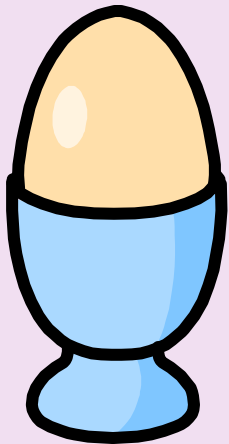
cereal



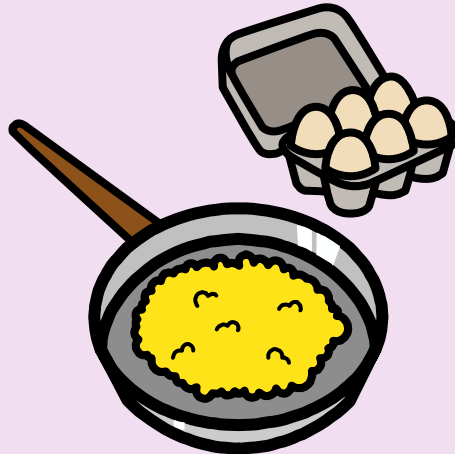
toast



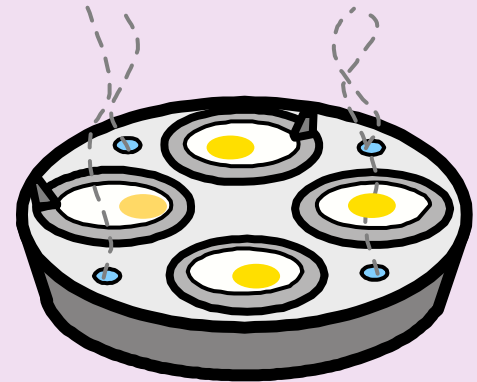
jam



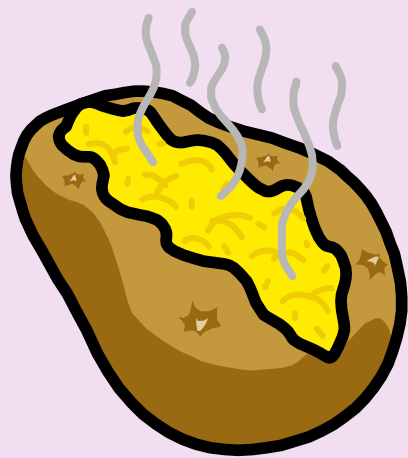
boiled egg



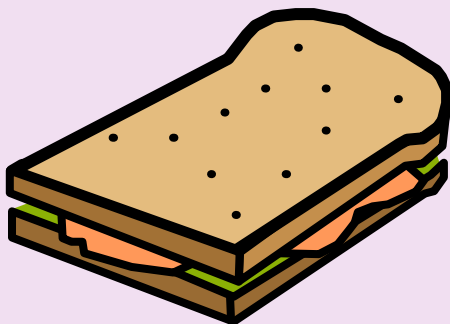
scrambled egg



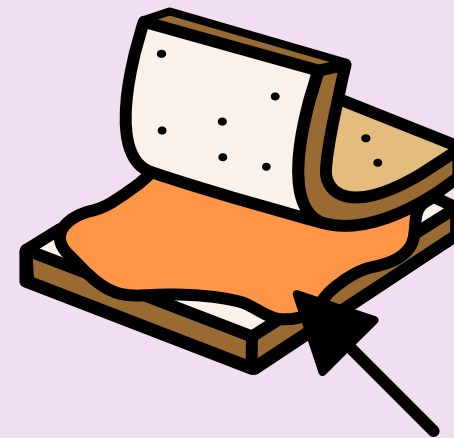
poached egg



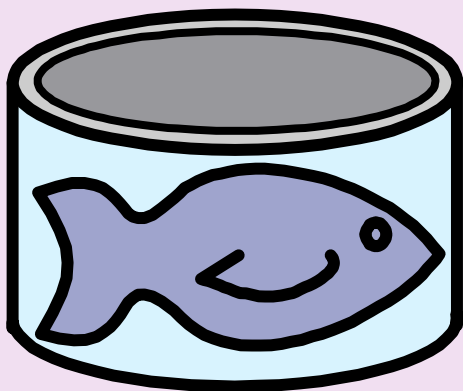
jacket potato



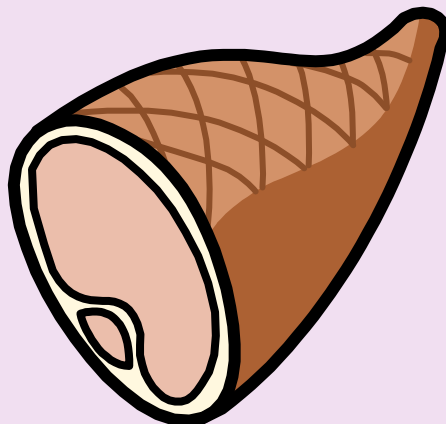
sandwich



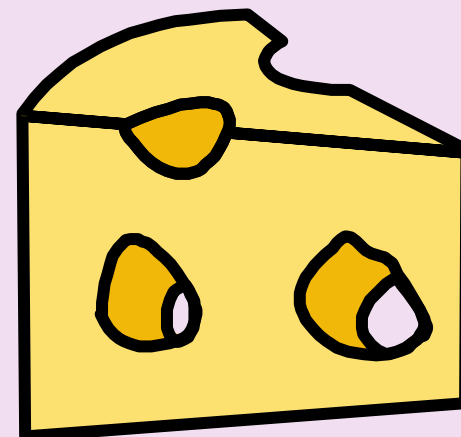
filling



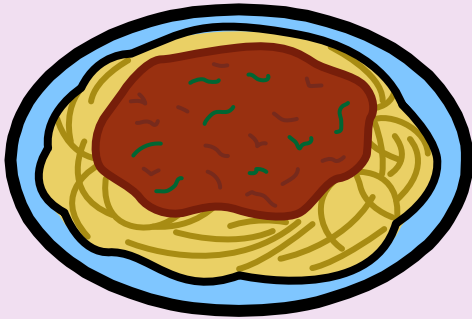
tuna



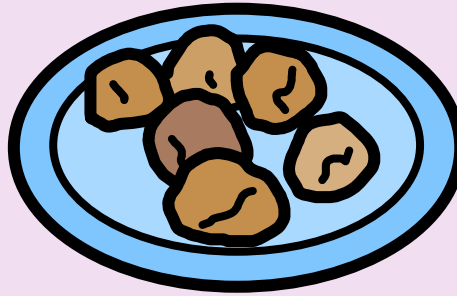
ham



cheese



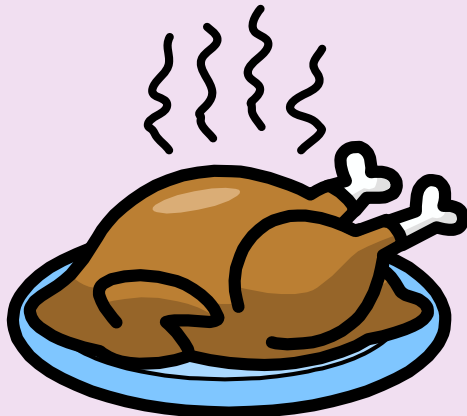
spaghetti



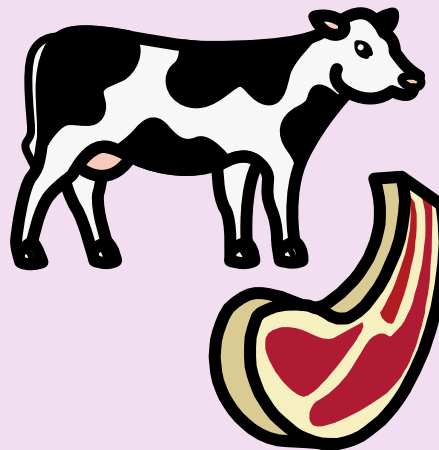
meatballs



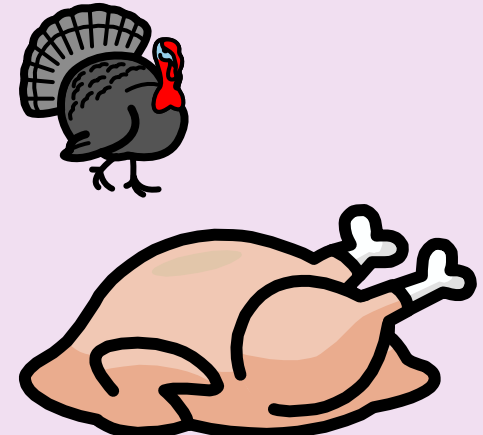
pasta



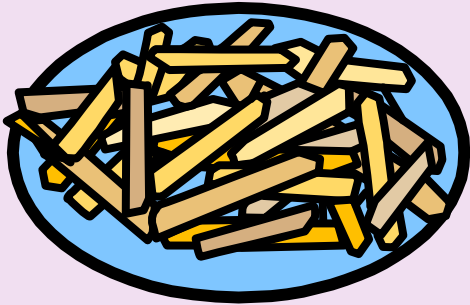
chicken



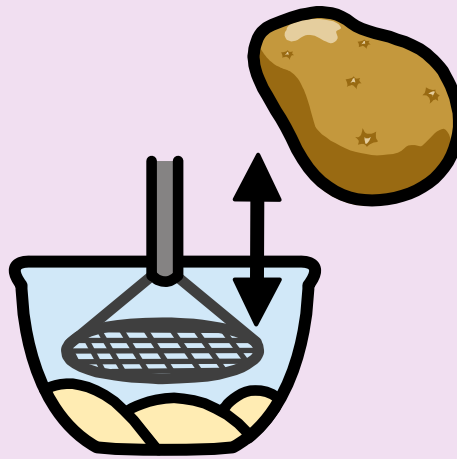
beef



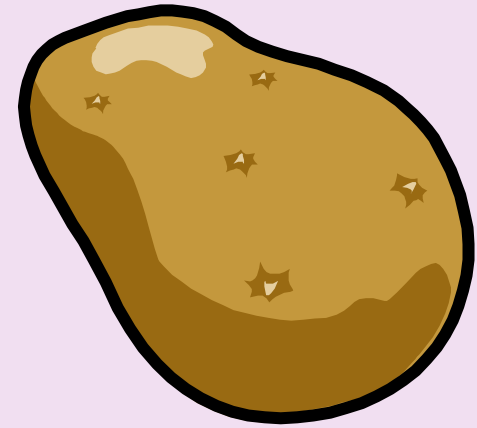
turkey



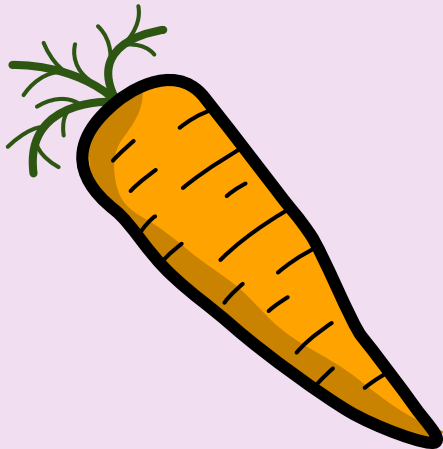
chips



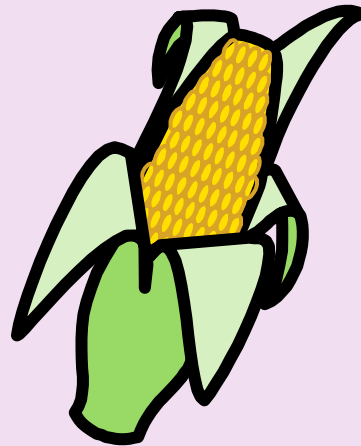
mashed potato



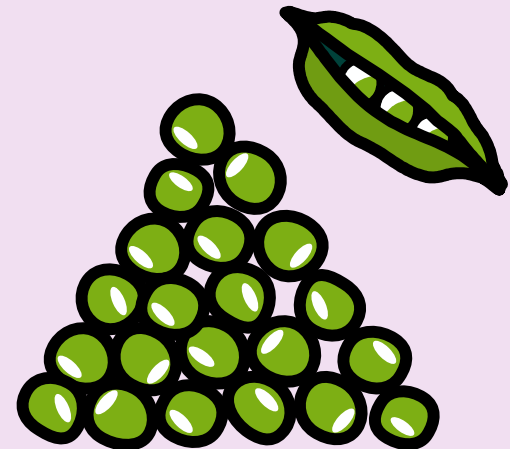
potatoes



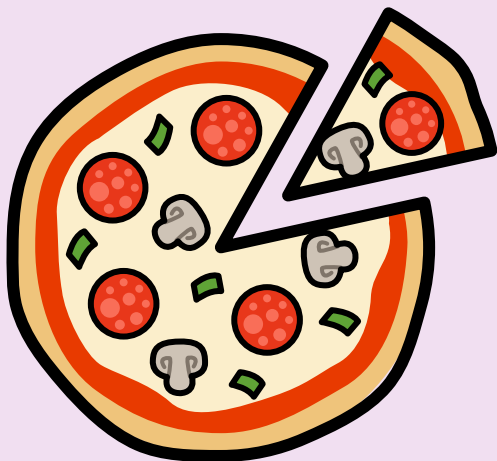
carrots



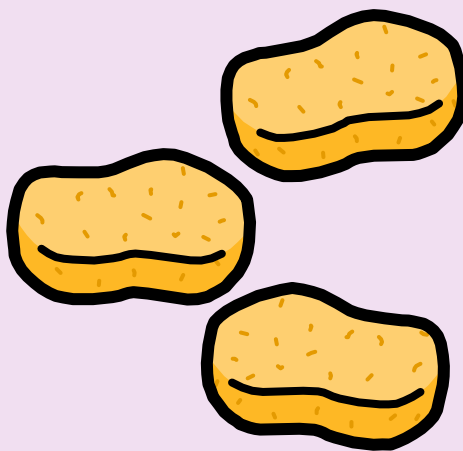
sweetcorn



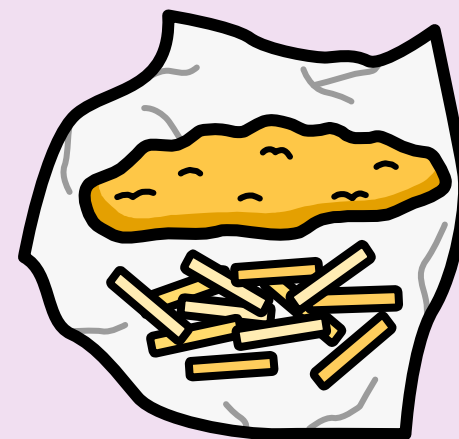
peas



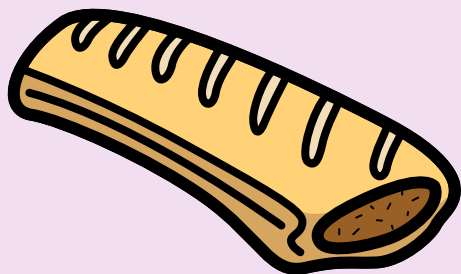
pizza



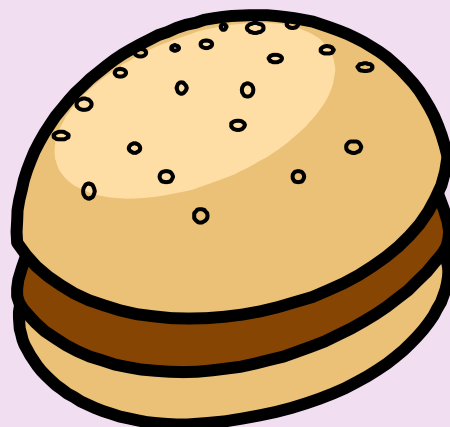
chicken nuggets



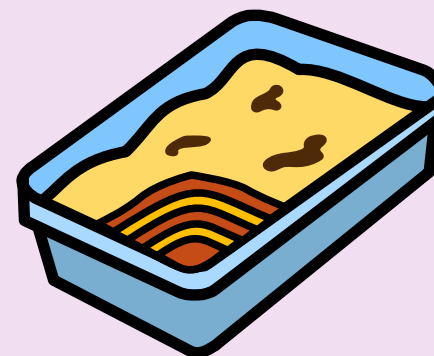
fish and chips



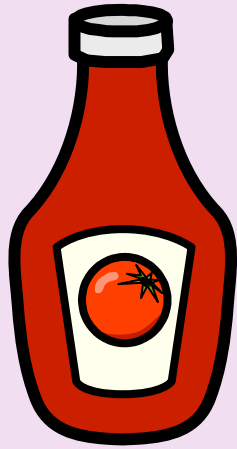
sausage roll



burger



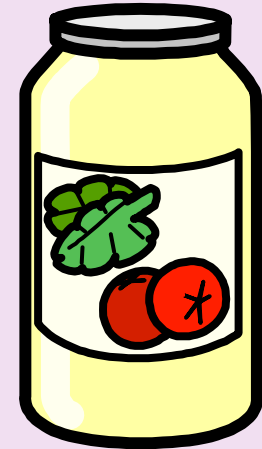
lasagna



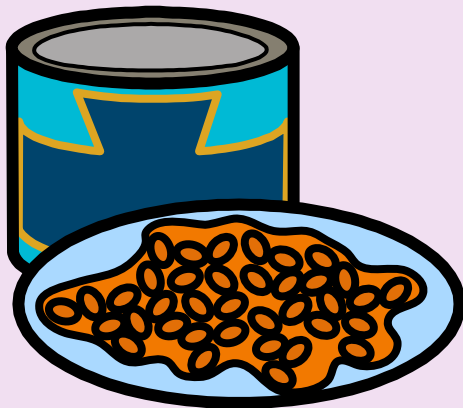
ketchup



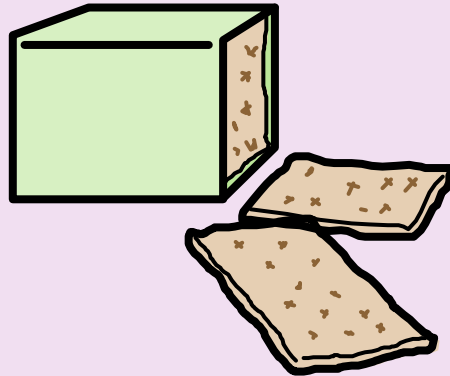
gravy



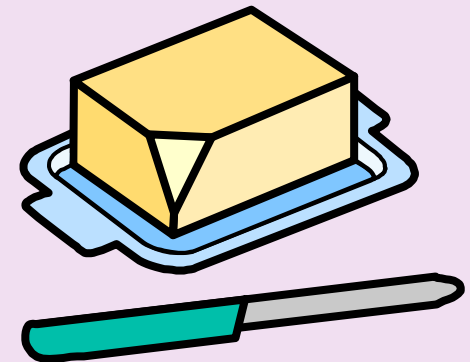
mayonnaise



beans

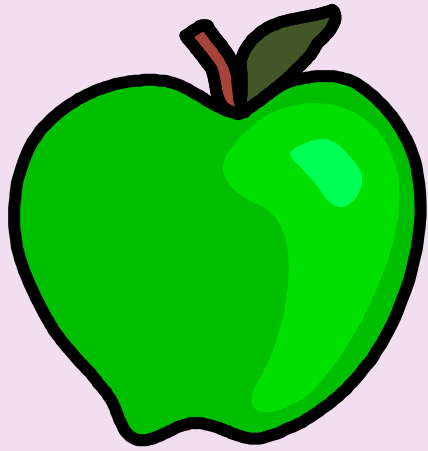


crackers

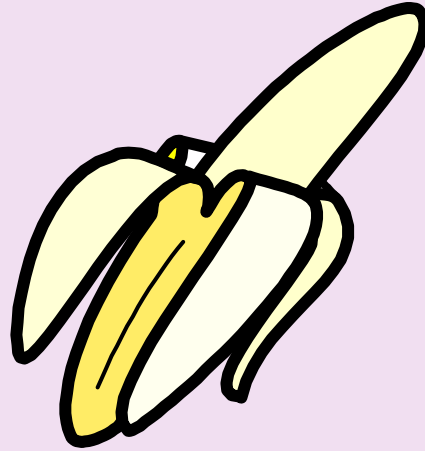


butter

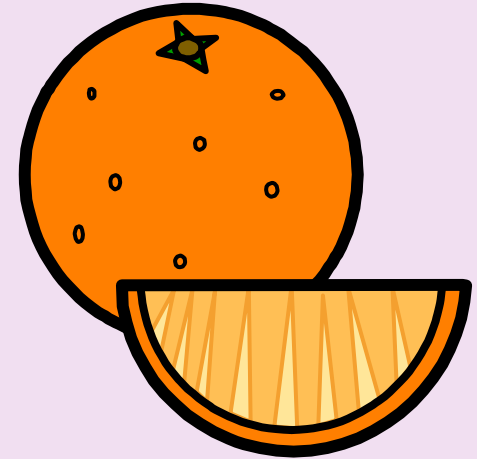




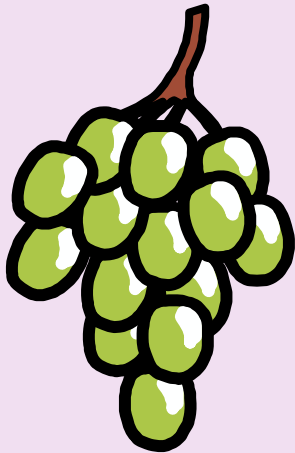
apple



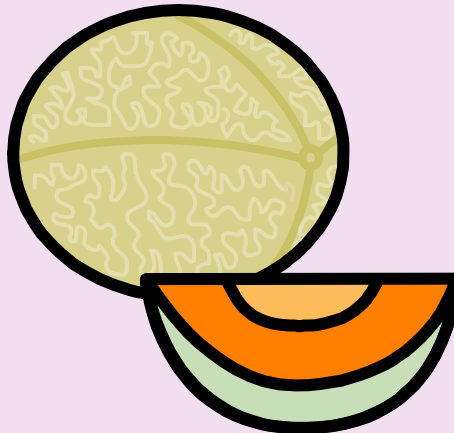
banana



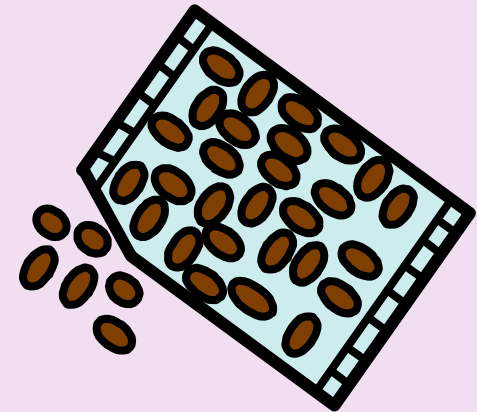
orange



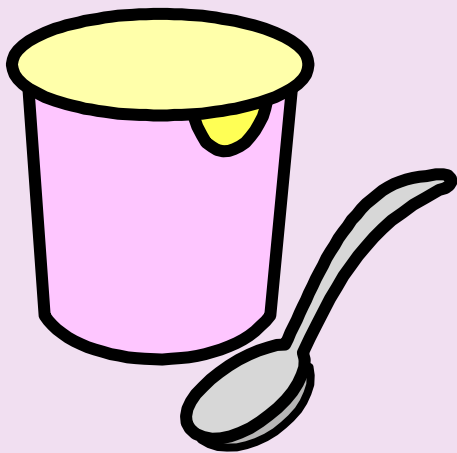
grapes



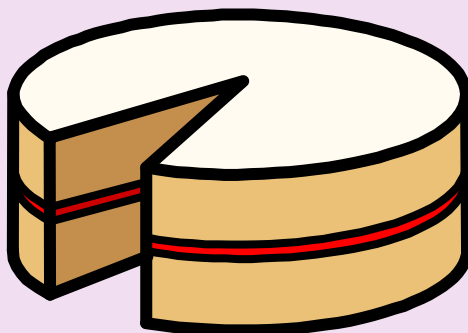
melon



raisins



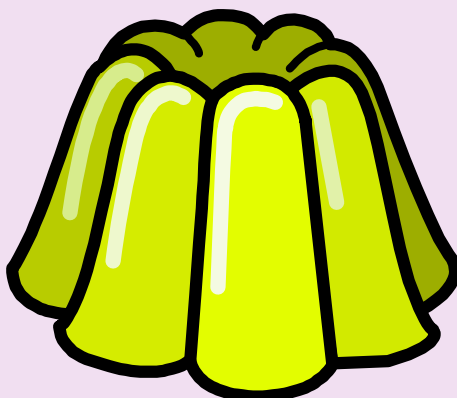
yogurt



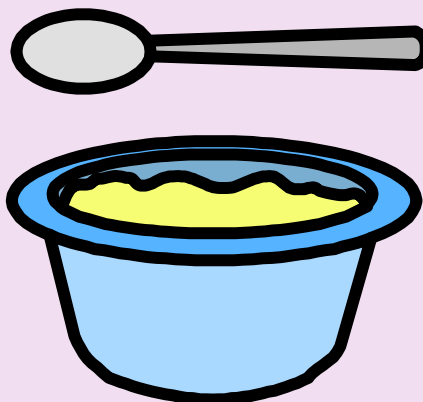
cake



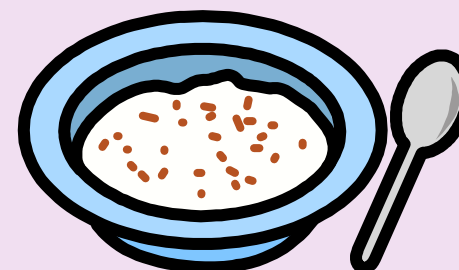
ice cream



jelly



custard



rice pudding