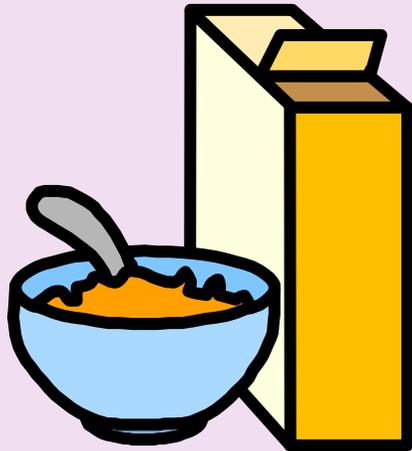
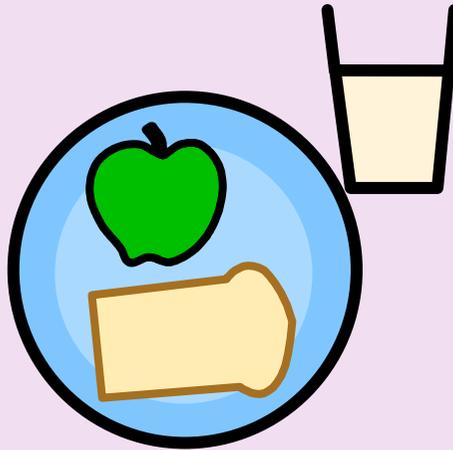


Mealtime Symbols

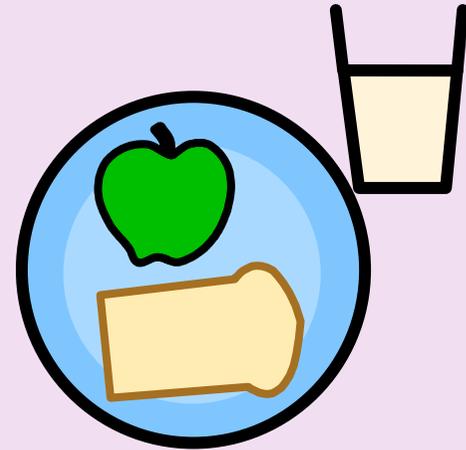
- These symbols can be printed as whole pages and used as a booklet for people to choose what they would like to eat
- They can also be printed, laminated and cut out separately to be used as a visual timetable or to give fewer choices
- Print 2 per page for smaller symbols



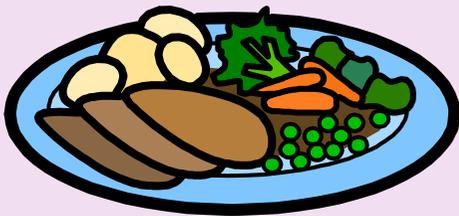
breakfast



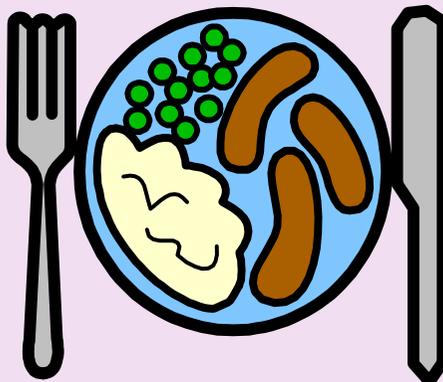
lunch



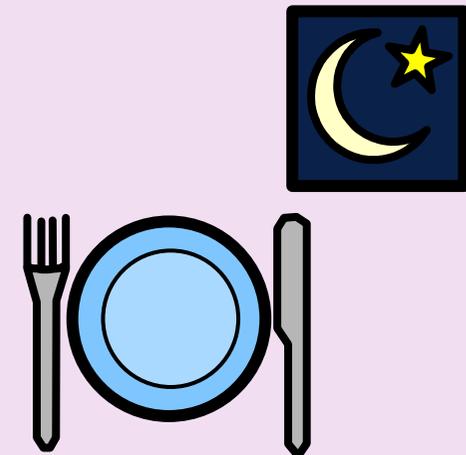
dinner



dinner



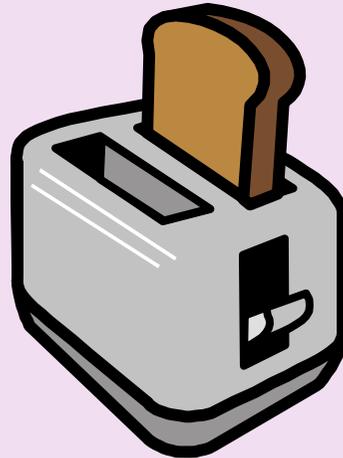
tea



supper



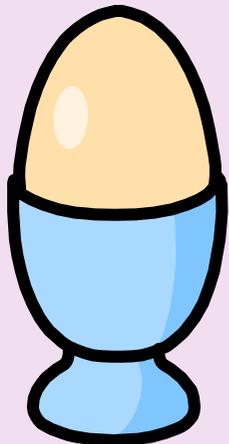
cereal



toast



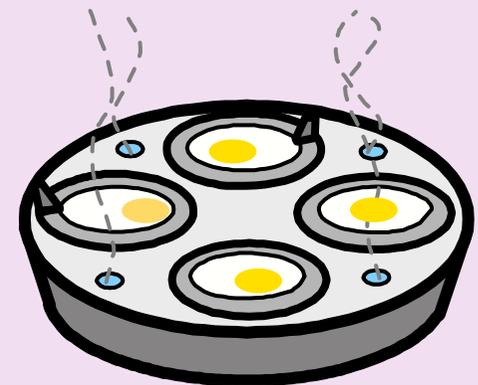
jam



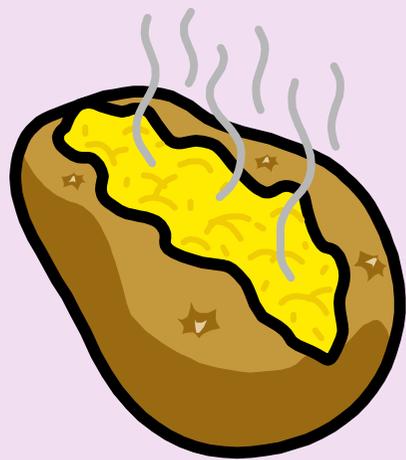
boiled egg



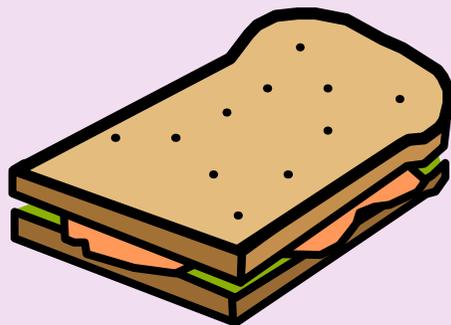
scrambled egg



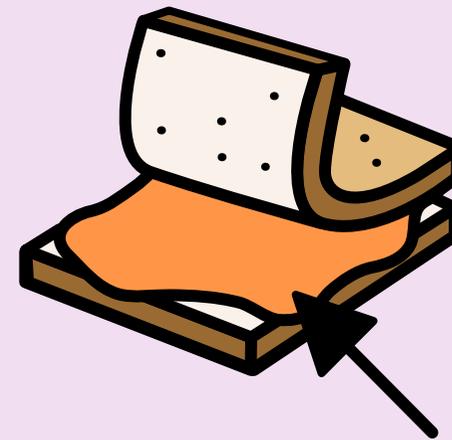
poached egg



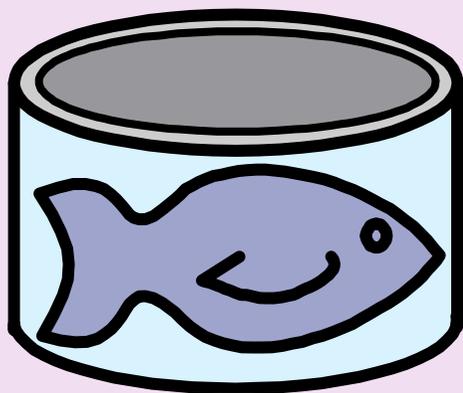
jacket potato



sandwich



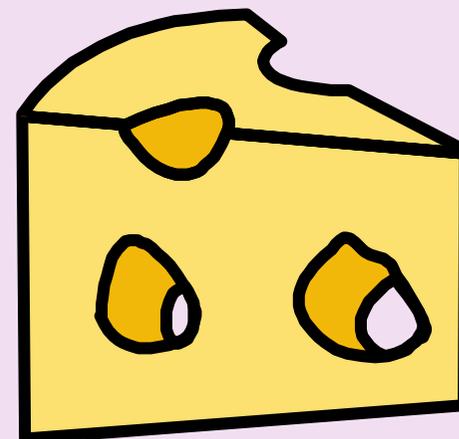
filling



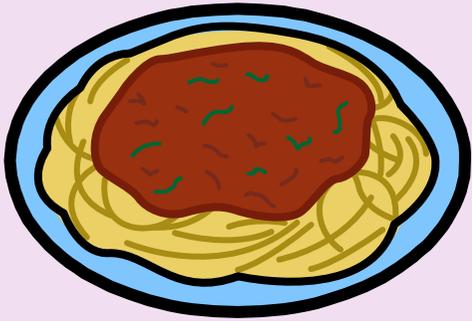
tuna



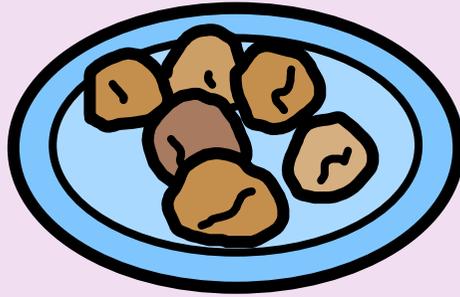
ham



cheese



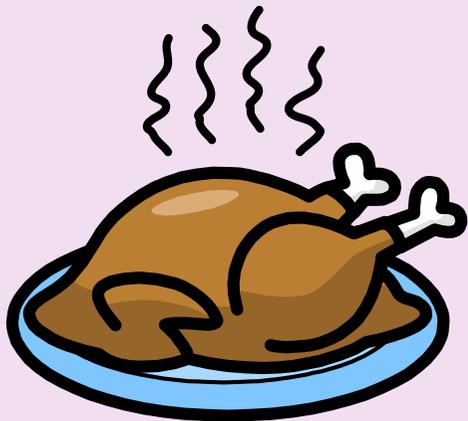
spaghetti



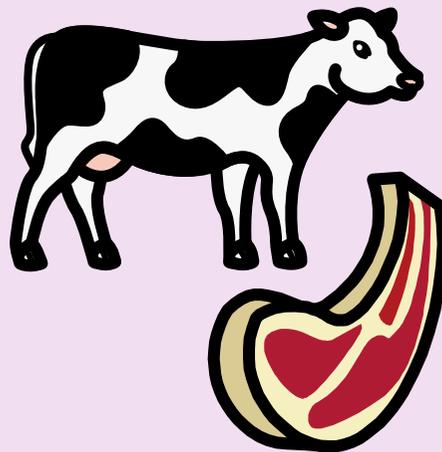
meatballs



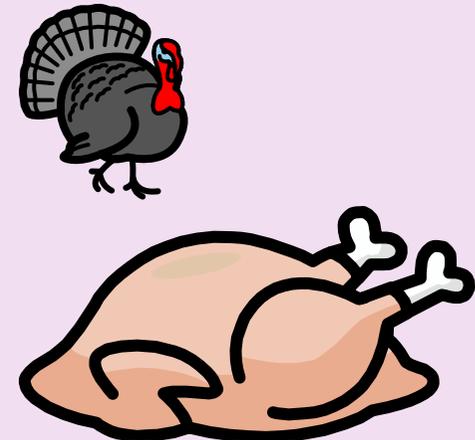
pasta



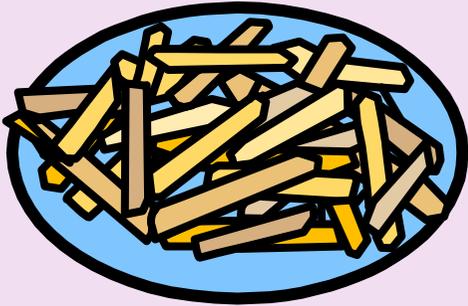
chicken



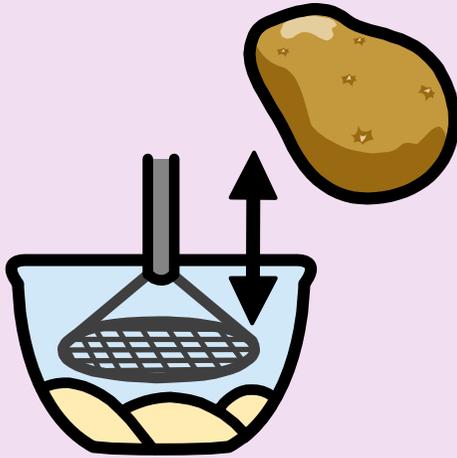
beef



turkey



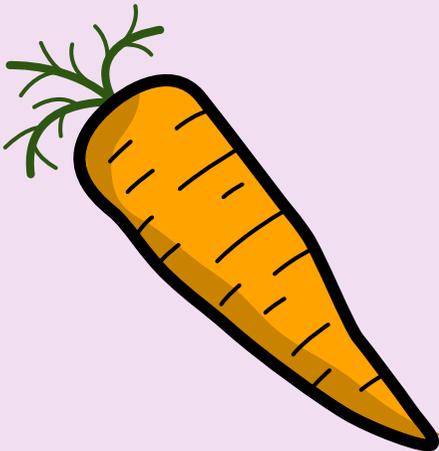
chips



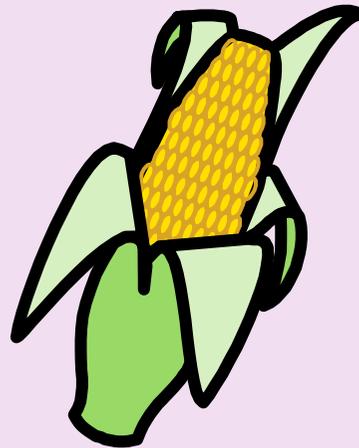
mashed potato



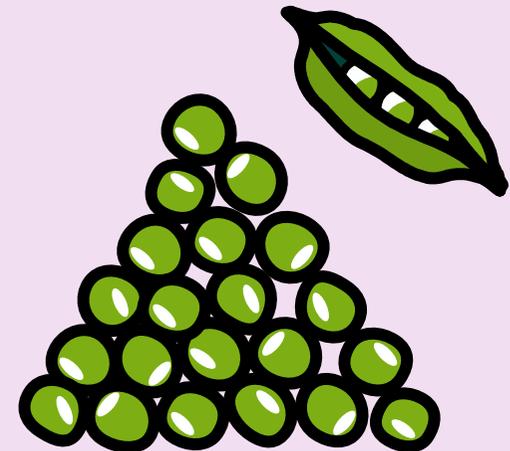
potatoes



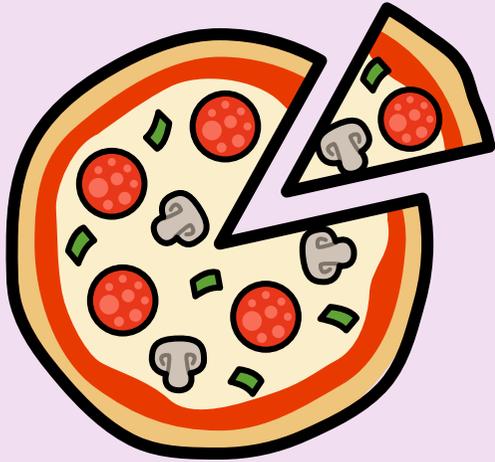
carrots



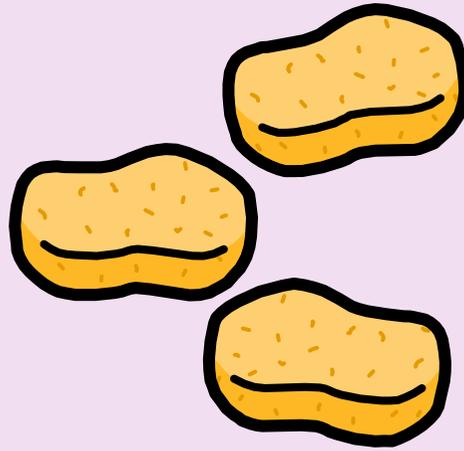
sweetcorn



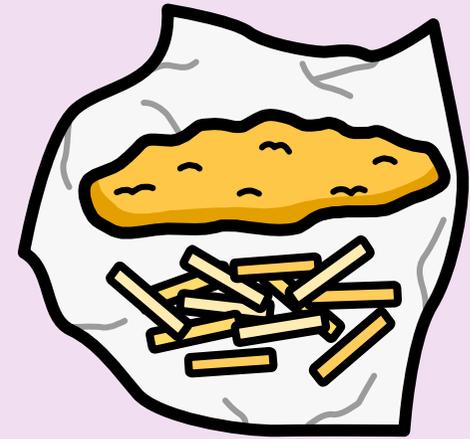
peas



pizza



chicken nuggets



fish and chips



sausage roll



burger



lasagna



ketchup



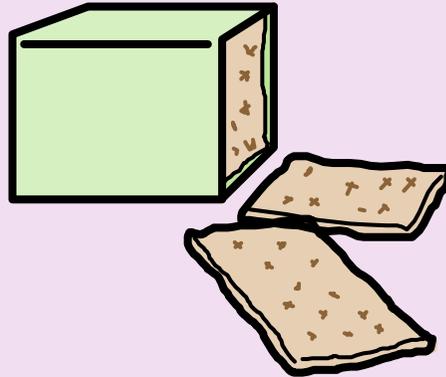
gravy



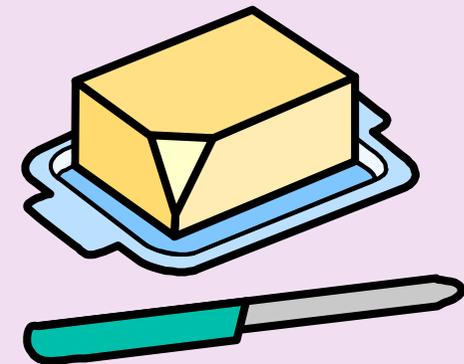
mayonnaise



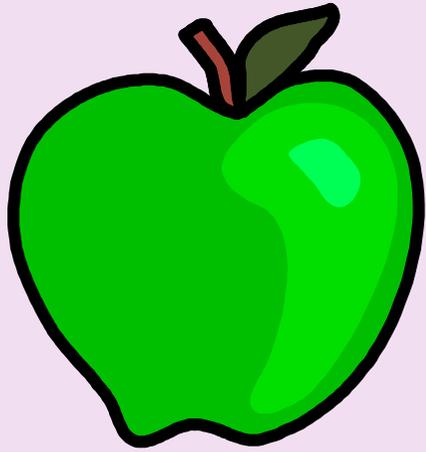
beans



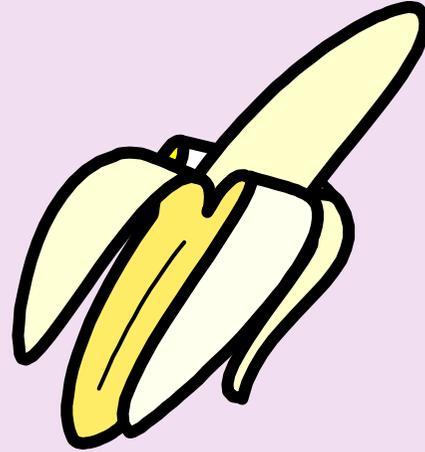
crackers



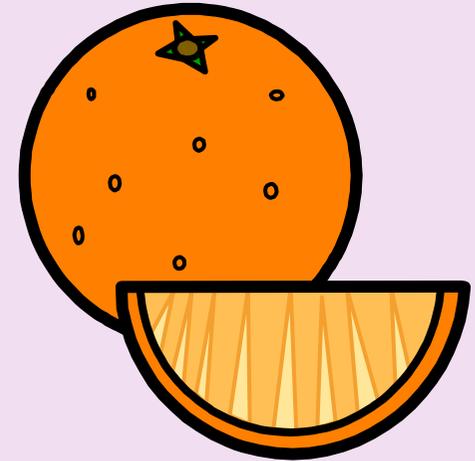
butter



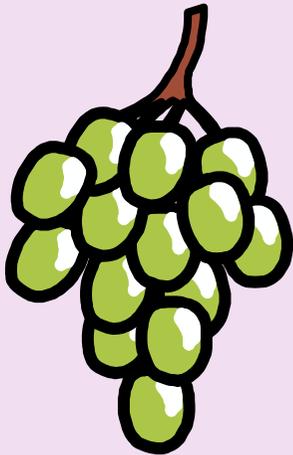
apple



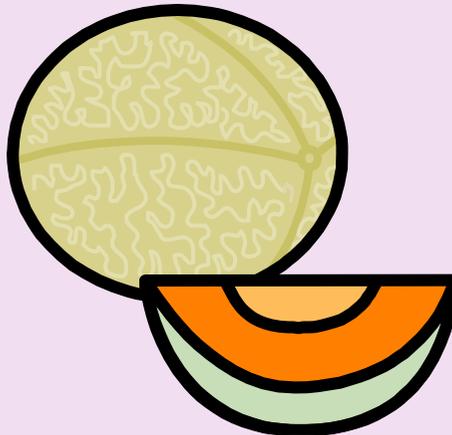
banana



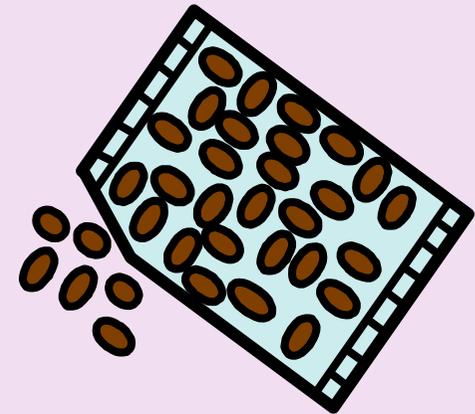
orange



grapes



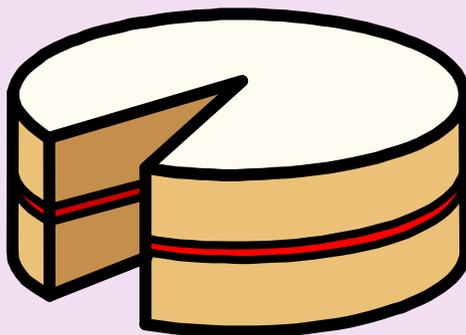
melon



raisins



yogurt



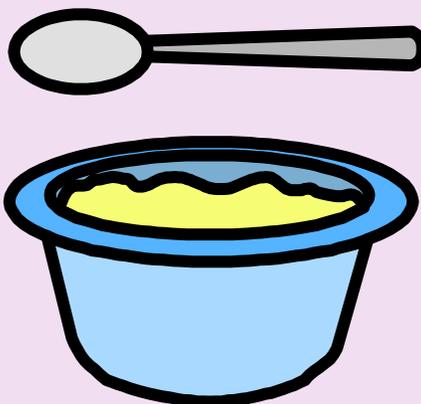
cake



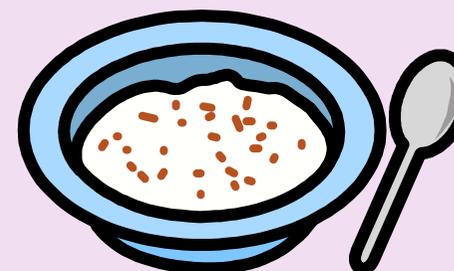
ice cream



jelly



custard



rice pudding